



## Annual Report 2013

Contents	2
Preface	3
Facts about Foundation Hands Across Borders	4
Activities of board & consultants 2013	5
Secretary	6
Publicity	7
Financial survey	8
Conclusion and recommendations 2013	9

## ***Preface***

In 2013 important steps have been taken to shape the starting- points of the foundation. We are very grateful to all people who took part in the activities.

The visits to Dhulikhel Hospital, Nepal in January and March have been essential to develop our vision on the mission.

The board of the hospital, by the mouth of dr. Ram Shresta, emphasized not only to *present* our knowledge but especially to *implement* this in the different local organisations in Nepal.

In our project reports you can read how HAB responded to this.

Attention has been given to recrute colleague volunteers to manage our projects.

Acquaintance and transparency will remain our focus for the year to come.

The Board and Advisory, in 2013, have voluntarily contributed the best way possible. The foundation intents to keep sharing knowledge and skills based on humanitarian principles of medical ethics and impartiality. She cooperates with parties interested, irrespective of race, religion or political conviction. Thus doing 'Across Borders'.

## **Data Foundation Hands Across Borders (HAB) 2013**

Foundation Hands Across Borders (HAB)

Secretariate: C.C.M.Vergouwen  
Stijn Streuvelslaan 6  
5242 GD Rosmalen, Netherlands

E-mail: [handsacrossbordersNL@gmail.com](mailto:handsacrossbordersNL@gmail.com)

KVK nummer: 54991080

Starting date: 28-03-2012 at Reeuwijk

Bank account: IBAN: NL34RABO 01133 205 66

### **Organisation of HAB**

#### **Board**

Bart Muthert	President
Ton Schreuders	Treasurer
Lia Vergouwen	Senior secretary
Mike van Heel	Board member & website administration
Paul Zagt	Junior secretary & public relations

#### **Advisory / consultancy**

Wim Brandsma  
Peter Polderdijk  
Wim Theuvenet

#### **Translator**

Gaby van Meerwijk

## **Activities Board & consultants HAB 2013**

### **Activities by the board of HAB 2013**

1. Formulating mission, vision and strategy according to the SWOT analysis (Strength, Weakness, Opportunities Threats).
2. Further SWOT analysis regarding all activities of the board. At the same time re-formulating the mission statement of HAB.
3. Alteration of hosting website HAB, including changes in layout.
4. Set up of draft for script concerning HAB projects.
5. Projects in 2013:

1 <sup>st</sup>	Nepal, January 6 through 18
2 <sup>d</sup>	India, March 9 -10
3 <sup>d</sup>	Nepal, March 1 through 16.
6. Qualification of 'Organization with Charitable Aim' (ANBI) has been granted.
7. Set up of draft of juridical contract for HAB participants.

### **Activities by the consultants of HAB 2013**

- 1 Wim Brandsma as a consultant of HAB in Bangladesh, India en Nepal, working for the leprosy research centre, has important contacts with local occupational therapists and physiotherapists. This implies projects allready realised (March 2013) and future projects of HAB.
- 2 Also Wim Theuvenet, working as a plastic surgeon, has introduced a vast network for HAB projects.

### **Secretaryship**

It was agreed upon to have the meetings with the Board members every first Monday of the month. The secretary arranged the chedule (and where necessary te alterations) of the meetings.

In 2013 the Board had eight meetings, of which five were by means of Skype. Twice at the Van der Valk restaurant (Houten/Breukelen) and once at location Ansen.

### **Meeting chedule board of HAB 2013**

<b><i>date</i></b>	<b><i>location</i></b>	<b><i>start</i></b>
21-01-13	Skype	20.00 uur
11-02-13	Houten (Hotel Van de Valk) + consultants	18.30 uur
18-03-13	Skype	20.00 uur
25-05-13	Ansen	13.30 uur
03-06-13	Skype	20.00 uur
09-09-13	Skype	20.00 uur
07-10-13	Skype	Cancelled
04-11-13	Breukelen (Hotel Van de Valk)	18.00 uur
09-12-13	Skype	20.00 uur

Every meeting was minuted and recorded by the secretary. The minutes were sent to the Board and the consultants of HAB.

## **Publicity**

### PR activities HAB

Paul Zagt (on March 23. 2013), during the so called Nepal- day, organised by the Nepalese Embassy in Utrecht, gave a 1 minute pitch in favour of HAB. It appeared that this day was mainly ment for entrepreneurship and durable investments and not at all about Health Care in Nepal.

Bart Muthert has contacts with de president of 'NepaliMed Holland', regarding possible projects in Dhulikhel Nepal in the future.

Bart Muthert (on May 31.2013) has given a ten minutes lecture during the spring congress of the Dutch Society of Handtherapy (NGHT). The auditors were very interested.

E-mails have been sent to the 'Dutch Society of Handsurgeons' (NVVH), the 'Royal Dutch Society for Physiotherapy' (KNGF) and 'Occupational Therapy Holland' (EN) in order to get volunteers, therapeutic materials and/or financial support.

Health Academies in Holland have shown interest to realise foreign internships in cooperation with HAB. Mike van Heel was involved in this process; however it is not yet clear when a stagiaire will be available in a suchlike plan. The Foundation HAB will continue to study on this plan.

In 2013 HAB has attracted five new volunteers

## Finances

Over view of checks and balances 2013 Hands Across Borders

<b>Balance 31-12-13</b>			
<b>Balance 31-12-12</b>		<b>€1.168,90</b>	
<b>Income</b>		<b>Expenses</b>	
Donation coffee ZHPC	€ 285,66	HAB badges	€ 25,15
		Board meetings	€ 147,00
		Insurances Inter-polis	€ 359,92
		Expenses 01-01 to 31-06-13	€ 23,80
		Charges Bank	€ 26,19
		Updating website HAB	€ 605,00
		Expenses 01-07 tot 30	€ 20,46
		<b>Total</b>	<b>€285,66</b>
<b>1231,55</b>			
		<b>€ 1.454,56</b>	
<b>Balance 31-12-13</b>		<b>€ 223,61</b>	

## HAB estimates 2014

<b>Income</b>		<b>Expenses</b>	
Donations ZHPC coffee	€ 185,-	Board meetings	€ 150,-
Donation NGHT	€ 300,-	Rental of location	€ 50,-
Donation general	€ 3.000,-	Insurances	€ 385,-
		Chamber of Commerce	€ 50,-
		Website	€ 150,-
		Material for mission- (e.g. books/splints)	€ 700,-
		2 Missions	€2.000,-
<b>Total</b>	<b>€3.485,-</b>	<b>Total</b>	<b>€3.485,-</b>



### ***Conclusion and recommendations 2014***

The activities of the Foundation Hands Across Borders HAB (in 2014) will be the round off of SWOT, the rounding off of the scenario concept and juridical contracts for the participants in projects of HAB.

It is likely that (in autumn 2014) new projects will be prepared stressing for [perpetuation](#) of local contacts with occupational therapists, physiotherapists and surgeons.

Efforts will be done in finding sponsors for the projects.

Recruiting of volunteers for HAB projects will be realised by organizing a contact-day on short term.